

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 	3 
4 	5 Cinco de Mayo 	6 	7 	8 	9 	10
SPRING BREAK - NO CLASSES!!						
11 Mother's Day 	12 THANK YOU HAPPY NURSES WEEK 	13 Happy 	14 WE ❤️ OUR TEACHERS! Faculty Appreciation Lunch	15 Nurses 	16 Week 	17 
18	19 LDP @ 1:15pm  In the Auditorium	20 Grad Exit September Grads In the Auditorium At 10am 	21 Nurse Pinning At 6pm 	22 Grad Exit September Grads In the Auditorium At 6pm 	23	24
25	26 Memorial Day 	27 Pizza with the President 	28 LDP @ 5:30PM In the Auditorium 	29 STUDENT APPRECIATION DAY 	30	31

College is the right choice. META is here to help.

- **STRESS, ANXIETY, & DEPRESSION**
Learn how to cope when you're feeling overwhelmed!
- **RELATIONSHIP PROBLEMS**
Whether you're going through a break-up or fighting with your roommate, let's talk about it!
- **PERSONAL ISSUES**
There's no judgment—get advice on whatever is bringing you down!
- **ADDICTION & SUBSTANCE ABUSE**
Don't become another statistic—learn how to overcome your demons!



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Southeastern College, Miami Lakes

5875 NW 163rd St, Suite 101

Miami Lakes, FL 33014

Office: 305.820.5003

www.sec.edu

